Guacamole Salad

- 5 avacodes
- 1 medium chop onion de-fire (soak in water and vinegar)
- 2 chop tomatoes
- 3/4 cup chop cilantro
- 4 chop Serrano pepper
- 3T lime juice

Plantain chips

Slice plantains Brush with coconut oil Lightly salt Bake at 350