

## **Avocado Brownies (tgipaleo.com)**

4 oz Unsweetened Chocolate, melted in 1 T coconut oil

3 Small Avocados (or 2 large)

½ c Honey

3 Eggs

¼ c Unsweetened Cocoa Powder

1 tbsp Vanilla

1 tbsp Coconut Flour

1 tsp Baking Soda

½ tsp Salt

1. Puree the avocado flesh in a food processor. Make sure there are no lumps left over.
2. Beat all remaining ingredients together with the avocado in a bowl with an electric mixer until really smooth and fluffy.
3. Spoon batter into a greased 8x8 baking dish.
4. Bake at 350 degrees for 35-40 minutes, or until a toothpick comes out smooth.

Great with walnuts too!